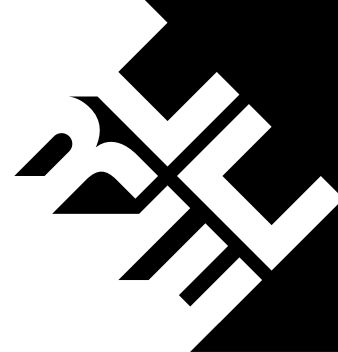


# SWIM FOR LIFE

## LESSONS FALL 2026



### 8-WEEK SESSION

**Tuesdays:** October 6 - November 24

**Wednesdays:** October 7 - December 2  
(No classes November 11)

**Fridays:** October 9 - November 27

**Saturdays:** October 17 - December 5  
(No classes October 10)

Member Registrations opens September 22nd at 12 pm - *in-person only*  
Public Registration opens September 23rd at 12 pm - *in-person or online*  
*\*All Private or Semi-Private lessons remain as in-person registration only for members or the public*

ONLINE REGISTRATION: [WWW.THERECC.CA/SWIMMING-LESSONS](http://WWW.THERECC.CA/SWIMMING-LESSONS)

|                  | <b>Tuesday</b><br>Oct 6 - Nov 24 | <b>Wednesday</b><br>Oct 7 - Dec 2<br>No classes Nov 11 | <b>Friday</b><br>Oct 9 - Nov 27 | <b>Saturday</b><br>Oct 17 - Dec 5<br>No class Oct 10 |
|------------------|----------------------------------|--------------------------------------------------------|---------------------------------|------------------------------------------------------|
| Parent & Tot 1   |                                  |                                                        | 10:00-10:30                     |                                                      |
| Parent & Tot 1/2 |                                  |                                                        | 10:35-11:05                     |                                                      |
| Parent & Tot 2/3 |                                  |                                                        |                                 |                                                      |
| Preschool 1      | 4:00-4:30<br>5:30-6:00           | 4:45-5:15                                              |                                 | 9:00-9:30<br>12:15-12:45                             |
| Preschool 2      | 4:45-5:15                        | 4:45-5:15<br>5:30-6:00                                 |                                 | 9:45-10:15<br>12:05-12:35                            |
| Preschool 3      | 4:45-5:15                        | 4:00-4:30                                              |                                 | 10:45-11:15<br>12:20-12:50                           |
| Preschool 4      | 5:20-6:00                        |                                                        |                                 | 9:45-10:25                                           |
| Preschool 5      |                                  | 5:20-6:00                                              |                                 | 10:45-11:25                                          |

|                        |           |           |  |                          |
|------------------------|-----------|-----------|--|--------------------------|
| Swimmer 1 Beg          | 4:35-5:15 | 4:00-4:40 |  | 9:35-10:15               |
| Swimmer 1 Adv          | 4:45-5:25 | 5:20-6:00 |  | 11:20-12:00              |
| Swimmer 2              | 4:00-4:40 | 4:35-5:15 |  | 9:00-9:40<br>10:20-11:00 |
| Swimmer 3              | 5:20-6:00 | 4:00-4:40 |  | 10:30-11:10              |
| Swimmer 4              |           |           |  | 12:05-1:00               |
| Swimmer 5              |           |           |  | 12:15-1:10               |
| Swimmer 5/6            | 5:05-6:00 |           |  |                          |
| Swimmer 6              |           |           |  |                          |
| Swimmer 7/8/9          | 4:00-5:00 |           |  |                          |
| Pre-teen learn to swim | 4:00-4:40 |           |  |                          |

|         |  |  |  |           |
|---------|--|--|--|-----------|
| Adult 1 |  |  |  | 9:00-9:40 |
| Adult 2 |  |  |  | 9:00-9:40 |

|                                                                                                                                                                              |                        |                        |  |                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|--|----------------------------------------------------------------------------------------------------------------------|
| <b>Private lessons</b><br>(1 registrant)<br>Semi-private<br>(max 2 registrants)<br>Lessons can have<br>up to two registrants<br>that are no more<br>than<br>one level apart. | 4:00-4:40<br>5:20-6:00 | 4:00-4:40<br>5:20-6:00 |  | 10:20-11:00<br>10:45-11:25<br>11:20-12:00<br>11:20-12:00<br>11:30-12:10<br>11:30-12:10<br>11:35-12:15<br>12:05-12:45 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------|--|----------------------------------------------------------------------------------------------------------------------|

|                              | GENERAL  | ANNUAL FAMILY MEMBERSHIPS* |
|------------------------------|----------|----------------------------|
| <b>PARENT &amp; TOT</b>      | \$78.75  | \$42.50                    |
| <b>PRESCHOOL 1 to 3</b>      | \$78.75  | \$42.50                    |
| <b>PRESCHOOL 4 to 5</b>      | \$99.75  | \$50.00                    |
| <b>SWIMMER 1 to 3</b>        | \$99.75  | \$50.00                    |
| <b>SWIMMER 4 to 6</b>        | \$110.25 | \$55.00                    |
| <b>SWIMMER 7 to 9</b>        | \$120.75 | \$60.50                    |
| <b>PRETEEN LEARN-TO-SWIM</b> | \$99.75  | \$50.00                    |
| <b>ADULT 1 to 3*</b>         | \$99.75  | \$50.00                    |
| <b>PRIVATE LESSONS**</b>     | \$204.75 | \$184.00                   |

**SEMI-PRIVATE LESSONS\*** \$118.00 each (per child) \$111.00 each

\* Price + HST

\*\*Private & Semi-private lesson registration is in-person only

\*\*Semi-Private lessons can have up to two registrants that are no more than one level apart

\*\*Must be 4 years old by the end of the session to register for private lessons

\*\*Not recommended for Levels 7,8,9

Waitlists are not available. Please check online for openings if a class is full.

### \*FAMILY ANNUAL MEMBERS:

(INCLUDING RECC LIFE FAMILY MEMBERSHIPS)

**Group Lessons ..... 50% OFF**  
**Private Lessons ..... 10% OFF**  
**Semi-Private Lessons ... 10% OFF**