

FALL 2026 DROP-IN SCHEDULE

AUGUST 31 - DECEMBER 20

WWW.THERECC.CA

*SCHEDULE SUBJECT TO CHANGE

FOR OUR MOST UP TO DATE SCHEDULE INCLUDING PUBLIC SKATING TIMES & CLIMBING WALL AVAILABILITY VISIT WWW.THERECC.CA

*STAY INFORMED WITH TEXT MESSAGES

WHEN PROGRAMS ARE CANCELLED OR FACILITIES CLOSES UNEXPECTEDLY, WE SEND OUT A TEXT MESSAGE TO ALL OF OUR TEXT ALERT SUBSCRIBERS LETTING THEM KNOW! TO SUBSCRIBE, SIMPLY TEXT 'JOIN' TO 1-833-209-1001 FROM YOUR MOBILE DEVICE & FOLLOW THE INSTRUCTIONS WHEN PROMPTED.



  @ratheastlinkcc

FACILITY HOURS

MON	6AM - 9PM
TUE	6AM - 9PM
WED	6AM - 9PM
THU	6AM - 9PM
FRI	6AM - 9PM
SAT	8AM - 8PM
SUN	8AM - 8PM

CONTACT

625 ABENAKI RD
TRURO, NS
B2N 0G6

902.893.2224

THERECC.CA

Please visit www.therecc.ca for our holiday hours and closure notices.

MEMBER TYPE	MONTHLY MEMBERSHIP *RECURRING	ANNUAL 1 YEAR PAID-IN-FULL MEMBERSHIP
ADULT	\$67.00	\$737.00
ADULT +1	\$110.00	\$1210.00
STUDENTS/ SENIORS	\$45.00	\$487.00
STUDENTS/ SENIORS +1	\$84.00	\$918.00
FAMILY	\$127.00	\$1392.00

*One-time facility enhancement fee for each new recurring membership

*PRICES INCLUDE TAX

All programs and schedules are "weather permitting" and are subject to change. Please check out our website www.therecc.ca or call our Welcome Desk at 902-893-2224 for schedule confirmation. Open/Lane swimming times and Wall/Pool/Track/ADC/Arena event schedule changes can also be found on our website: www.therecc.ca

LEGEND

GROUP FITNESS STUDIO

GYM

WILSONS COMPETITIVE POOL

TIM HORTONS LEISURE POOL

RECC ARENA/WALKING TRACK

KOHLTECH CLIMBING WALL

ATHLETE DEVELOPMENT CENTRE

* Online registration required at WWW.THERECC.CA

UPDATED SEPTEMBER 14, 2026 2:50 PM

CONDITIONS OF USE

TO PROVIDE AN ENJOYABLE ATMOSPHERE FOR ALL OUR USERS WE ASK FOR YOUR SUPPORT TO ADHERE TO THE FOLLOWING CONDITIONS WHEN VISITING OUR FACILITY.

AQUATICS CENTRE

- CHILDREN 12 & UNDER MUST HAVE AN ADULT (16+ YRS) REMAIN WITHIN THE AQUATIC CENTRE
- CHILDREN 7 AND UNDER MUST HAVE AN ADULT (16+ YRS) WITHIN ARM'S LENGTH AT ALL TIMES WHILE IN THE POOL

CLIMBING WALL

- YOUTH 18 AND UNDER MUST HAVE A PARENT/LEGAL GUARDIAN READ AND COMPLETE A LIABILITY WAIVER PRIOR TO ANY CLIMBING
- YOUTH 12 AND UNDER MUST BE SUPERVISED BY SOMEONE AGE 16+ TO BE PERMITTED WITHIN THE CLIMBING AREA (UNLESS ATTENDING A REGISTERED YOUTH PROGRAM)

FITNESS CENTRE/ATHLETE DEVELOPMENT CENTRE

- YOUTH 18 AND UNDER MUST HAVE A PARENT/LEGAL GUARDIAN READ AND COMPLETE A LIABILITY WAIVER PRIOR TO ACCESSING THE FITNESS CENTRE AND ATHLETE DEVELOPMENT CENTRE.
- YOUTH AGE 12 YEARS MUST HAVE PARENT/GUARDIAN 16+ SUPERVISION IN THE FITNESS CENTRE AND ATHLETE DEVELOPMENT CENTRE. YOUTH 13 YEARS & UP MAY WORK OUT INDEPENDENTLY.

PLEASE VISIT WWW.THERECC.CA FOR OUR FULL POLICY





NOURISH
EATERY CATERING

NEW FALL MENU

MONDAYS - SUNDAYS 9 AM - 7 PM



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FALL 2020