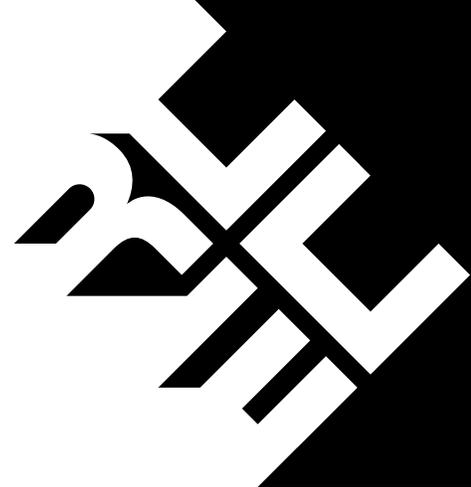


SWIM FOR LIFE LESSONS SUMMER 2025



JULY 8TH - AUGUST 29TH

REGISTRATION OPENS TUESDAY JUNE 17TH AT 12PM FOR MEMBERS

(IN-PERSON REGISTRATION ONLY AT THE RECC - 625 ABENAKI RD)

PUBLIC ONLINE REGISTRATION OPENS WEDNESDAY JUNE 18TH AT 12PM

ONLINE REGISTRATION: www.ratheastlinkcommunitycentre.ca/programs/swim-lessons

	TWICE WEEKLY CLASSES 4 WEEKS	ONCE WEEKLY CLASSES 8 WEEKS	TWICE WEEKLY CLASSES 4 WEEKS
	Tuesday & Thursday July 8 th to July 31 st	Fridays July 11 th to August 29 th	Tuesday & Thursday August 5 th to August 28 th
Parent & Tot 1		10:00-10:30	
Parent & Tot 2		10:35-11:05	
Parent & Tot 3		11:10-11:40	
Preschool 1	4:30 - 5:00		4:30 - 5:00
Preschool 2	4:30 - 5:00		5:15 - 5:45
Preschool 3	5:05 - 5:35		6:00 - 6:30
Preschool 4/5	5:40 - 6:20		4:30 - 5:10
Preschool 5			

Swimmer 1 Beg	4:30 - 5:10		
Swimmer 1Adv			5:50 - 6:30
Swimmer 2	5:05 - 5:45		5:15 - 5:55
Swimmer 3	5:15 - 5:55		6:35 - 7:05
Swimmer 4	6:00 - 6:55		
Swimmer 5/6	6:00 - 6:50		6:35 - 7:30
Swimmer 7/8/9	5:00 - 6:05		
AquaGo!	5:00 - 5:40		5:00 - 5:40

Private 1 person Semi-private <i>Lessons can have up to two registrants that are no more than one level apart</i>	6:10 - 6:50 6:25 - 7:05		4:30 - 5:10 5:05 - 5:45 5:50 - 6:30 6:35 - 7:15
--	----------------------------	--	--

	ANNUAL FAMILY MEMBERSHIPS*	GENERAL
PARENT & TOT	\$37.50	\$75.00
PRESCHOOL 1 to 3	\$37.50	\$75.00
PRESCHOOL 4 to 5	\$47.50	\$95.00
SWIMMER 1 to 3	\$47.50	\$95.00
SWIMMER 4 to 6	\$52.50	\$105.00
SWIMMER 7 to 9	\$57.50	\$115.00
AQUAGO!	\$60.00	\$74.00
PRIVATE LESSONS*	\$175.00	\$195.00
SEMI-PRIVATE LESSONS* (per child)	\$101.25 x 2	\$112.50 x 2

*Private lesson registration is in-person only

*Semi-Private lessons can have up to two registrants that are no more than one level apart

*Must be 4 years old by the end of the session to register for private lessons

*Not recommended for Levels 7,8,9

*Waitlists are not available. Please check online for openings if a class is full.

AQUAGO! LEVELS 1/2 **(NOVICE: AGES 6-9 YRS)**

AquaGO! Will introduce young swimmers to the exciting world of synchronized swimming! Swimmers in this class will enjoy aquatic games and activities, as well as learning basic synchronized swimming skills, and physical fitness. This level is for new, and returning AquaGo! participants who are comfortable in the water.

Prerequisites: Swimmers must be 6-9 years old, and be able to float comfortably unassisted on their front and back. Completion of Preschool 4 or Swimmer 1 is strongly recommended.

***FAMILY ANNUAL MEMBERS:**

(INCLUDING RECC LIFE FAMILY MEMBERSHIPS)

Group Lessons 50% OFF
Private Lessons 10% OFF
Semi-Private Lessons ... 10% OFF